

Pre-operative instructions for patients receiving IV Sedation, Deep IV Sedation or General Anesthesia.

1. All patients must not eat or drink anything at least 6 hours prior to your surgery time. Failure to do so will result in rescheduling of your appointment.
2. If you take prescription medications, follow the instructions given to you by Drs. Shaver and Hammen. Failure to do so may result in rescheduling of your appointment.
3. A responsible adult (18 years or older) must accompany the patient to the office. They must remain in the waiting room for the entire procedure and drive the patient home.
4. It is important for the patient to have someone with them for 24 hours following surgery.
5. No smoking at least 12 hours prior to surgery, and as directed after surgery. Smoking inhibits healing and can result in prolonged pain and infections.
6. On the day of surgery:
 - a. Wear loose fitting clothing with short sleeves.
 - b. Remove contact lenses
 - c. Remove dark nail polish as it interferes with our monitoring equipment
 - d. Remove tongue and facial piercing
 - e. Please wear shoes that tie (no flip flops, sandals, or slippers)
7. If you are currently sick or ill, please notify our office prior to your surgery date.
8. Should you have any questions about your surgery, please contact our office prior to your surgery date.

Following surgery, we recommend that you do not drive or operate machinery for 24 hours or while you are taking pain medications. Also, avoid mixing alcohol and the prescribed pain medication.